

## Handout 2 - What to take in a medicine review

Following information should be taken to any medicine review with the doctor or any other prescriber

- Medication (MAR) chart.
- Any behaviour assessment chart or outcome based on other assessment like **CATS**.
- Any side effect assessment result.
- Any investigation (e.g., blood tests) results.
- Record of any recent significant life event (e.g., move to a new accommodation, new staff team, new peer group, incident in the family etc.).
- Record of any new, existing or recurring physical health problem (**YELLOW BOOK**).
- Record of how the recommendations from the previous medication review (including changes in the dose, blood tests etc.) has been carried out and their outcome.
- If necessary, the doctor or any other prescriber should be informed in advance of the medication review of any reasonable adjustments that may be needed such as allow extra time in the clinic, find a suitable space/venue, use of accessible information, presence of a carer that the person with intellectual disabilities trust and feel comfortable with.
- A list of questions that need addressing by the doctor or any other prescriber including explanation of jargons and clarification of any recommendations.