

Medicine review checklist

Issues to consider	Yes/No	Comments
Have you got accurate records of all the medication and their dose?		
Have you recorded all the recent changes if any in medication and their dose?		
Have you ensured that the person is taking her/his medication regularly as per the prescription?		
Is the medication working (for example, if used for challenging behaviour, is the behaviour better or used for psychiatric disorder , are the symptoms under control or used for epilepsy , are the seizures adequately controlled)?		
Has a valid tool such as MOAS been used to assess severity and frequency of challenging behaviour?		
Is the medication producing any side effect (for example, abnormal movements or metabolic change or weight gain, raised blood glucose, excessive sleepiness etc. in case of antipsychotic medication)?		
Have the side effects been assessed using a valid tool such as DISCUS ?		
Is there potential for future side effects (tardive dyskinesia in case of antipsychotic medication)?		
Is there potential for serious side effects (for example, neuroleptic malignant syndrome in case of antipsychotic or serotonin syndrome in case of new generation antidepressants etc.)?		
Is there any worsening of the person's quality of life?		
Has a formal tool been used to assess the person's quality of life such as CC-QoLS ?		
Has the team produced a hard copy of the accessible version of the medication leaflet and taken the person with intellectual disabilities through the information in the relevant leaflets?		
Has the support staff consulted the medication information leaflet that has been produced for them?		
Has the team gone through the recommendations from the previous medication review and recorded the outcome of those?		

What is the opinion of the person with intellectual disabilities about the use of medication?		
What is the opinion of close family carers about the use of medication?		
Have alternatives to medication been considered and implemented?		
If not, should alternatives to medication be tried either on their own or in conjunction with the medication?		
Has a thorough assessment of the cause and effect of the behaviour using a formal structure as BMPPS or H.E.L.P or Comprehensive Assessment of Triggers Scale (CATS) been carried out and the outcome recorded?		
Has the person got a recorded psychiatric disorder ?		
Has the person got a recorded diagnosis of ASD/ADHD ?		
Has an assessment of physical condition been made?		
Have all the necessary examination and investigations such as blood tests been carried out and outcome recorded?		
Have you considered withdrawing medication if it is in the best interests of the person and s/he wants to come off the medication?		
Has a date for the next medication review been set and recorded?		
Even if it is decided to continue with medication in the current review, have you decided to consider withdrawing or reducing dose and use alternatives to medication at each future medication review in consultation with the person with intellectual disabilities and their close family carers?		
Has a key person been allocated to share information in a timely manner among all the relevant stakeholders including the family carers, and the prescriber and GP?		
Has a hard copy of this completed checklist been distributed among the relevant stakeholders including the GP, and the doctor/ prescriber?		